

Foundations

Issue no 3

The newsletter of The Camphill Foundation, a registered charity supporting Camphill Communities for people with special needs

Supporting new directions for older people

A RESEARCH and development project looking at the current and future needs of older people in Camphill communities, and ways in which these needs might be met, is being assisted by the Camphill Foundation.

The Harbour Project is being led by Jeannie Carlson, manager at Simeon Care for the Elderly, the Camphill community in Aberdeen that has grown up to meet the needs of older people with and without learning disabilities. The project's focus group, which first came together in 2004, meets twice yearly to progress themes around the question of how best to balance meeting the needs and aspirations of older people with those of the communities in which they live.

The funding from the Camphill Foundation has allowed Jeannie to travel to

gather information and build up a network of people interested in developing care for the elderly. It has allowed her to bring together the focus group and highlight the necessity for all Camphill communities to consider how best they can provide care for older people, whether they have learning disabilities or are older co-workers.

The Camphill Foundation is providing this continuing funding because of the increasing number of older people living in Camphill communities and their growing care needs.

Initially the project examined how care might be developed for older people in a Camphill context. A vision paper suggested a Harbour community that could include a range of housing options for the active elderly together with an on-site nursing or care home to



Jeannie Carlson (2nd from left) with residents and co-workers at Simeon Care.

move to for respite care and recuperation and end of life care if or when needed. Such a community could be near or within an existing Camphill community.

When the focus group contacted some 80 Camphill co-workers over the age of 60, more than a quarter said that they would be interested in joining such a community. For a Harbour community to go ahead, an existing Camphill community would need to come forward as the host.

The Harbour focus group is now looking into two other areas. Firstly it is to research the needs of older people who would prefer to stay in their existing Camphill communities

Funding at the start

THE MOST difficult stage in any new project usually occurs in the early stages, after the initial idea has been turned into a plan but before that plan is put into action.

That's the point at which funding is required so the project can get off the ground. And that is often the point when the Camphill Foundation offers its assistance, because before the promoters of a project can obtain other grants or financial assistance they often have to show that their project already has some financial backing. By providing seed funding, we make it possible for projects to begin their own successful fundraising.

In other instances, the grants or loans we provide for the first year of a project allow it to demonstrate its worth so that it can secure an income stream to continue into the future.

These are some of the ways in which we assist Camphill communities, and by making a donation or remembering the Camphill Foundation in your will, you can help us continue that work.

Simon Beckett,
Chairman of
Trustees.

by developing a support network amongst older people to explore how to meet those needs. It is intended to bring older people together in a number of regional groups to discuss their needs, whether those needs are being met and what steps can be taken to address problems.

Secondly, those currently caring for older people in Camphill communities will be brought together to share information and experience, to build a knowledge and practice resource in Camphill.

● The Harbour Focus Group is open to anyone wishing focus interest and give direction to the development of care for older people. Contact Jeannie Carlson on 01224 862415 or email admin@simeoncare.org.uk

Creating a quiet space

CREATIVE play, circle time with rhymes and songs, a nature walk and story time or a puppet play are all part of the morning's activities for children at the Amber Kindergarten.

The Kindergarten, at the Camphill Rudolf Steiner Schools on the outskirts of Aberdeen, is integrated and inclusive, catering for 12 children with and without special needs from the ages of 3 to 6½. The aim is to provide a calm, happy atmosphere and a safe, nurturing environment where children feel loved,

understood and can thrive.

The children enjoy indoor and outdoor play that nourishes their senses and encourages the use of imagination. The outdoor play area has climbing equipment, play houses, a large sand pit and a track for scooters and tricycles.

As well as busy play, children can need quieter times too, and thanks to a grant from the Camphill Foundation, the Amber Kindergarten has been able to create and equip a quiet space for active children.



The Foundation receives an annual donation from a trust to be used for the benefit of Scottish children, and it was this donation which has helped the Kindergarten equip its quiet space.

Revitalising health care training

TWO health care courses, which include therapies and care treatments based on anthroposophy, will provide training for carers in Camphill and other anthroposophical initiatives.

Both are benefiting from funding from the Camphill Foundation, enabling those leading the project to devote working time to getting the courses established. The funding has also made possible the involvement of a professional training organisation so that courses can be certified to provide SVQ and NVQ qualifications.

The project grew out of a concern that anthroposophical therapies and care treatments were in decline as a result of the cessation of the Camphill nurses training and the growing pressures to meet rules, regulations and standards set by regulatory bodies. In order that these beneficial treatments should not be lost in the daily care of children, adults and the elderly, a small group which had, in the past, completed the Camphill nurses training and some of whom were also registered nurses, came together to plan a two-year modular course in Anthroposophical Health Care. The course, which was open to all, began in April 2006 with participants (pictured above) including 11 working in Camphill communities and 4 former Camphillers working elsewhere. The other course members include an art therapist, a practice nurse, an intensive care nurse, a dental hygienist plus participants from Garvald and Nutley Hall. Six course members are registered nurses and all are mature people working in care in their different settings. There is an international element too, with two participants from Camphill Village, USA, and one from Camphill in Norway.

While most of these course members already have qualifications for their work, the second part of the project is aimed at people who need



SVQ and NVQ qualifications. A course has been developed for those who work in care in Camphill adult communities and the first one began at Simeon Care for the Elderly, Aberdeen, in summer 2007. It is hoped it will provide a model for courses in other Camphill communities.

The course, developed with Lawrence Baylin of Concerto Services, has 12 modules, seven of them covering conventional areas for SVQ training and five specifically including anthroposophical health care and treatments. Eight carers at Simeon – volunteers and employees – are

following the course which will lead to an SVQ level 3 qualification with 12 months.

As well as providing a qualification, the intention is that those taking the course will also learn more about the values and ethos of Camphill, deepening the quality of their work and providing an understanding of anthroposophy and community.

The funding from the Camphill Foundation has helped launch both these courses, and further courses are being planned for the future.

● More information is available from Judith Jones, Simeon Care for the Elderly, Cairnlee Road, Bielside, Aberdeen AB15 9BN.

Helping children in South Africa

AN ANNUAL grant from the Camphill Foundation to the Camphill-Orion Fund helps disabled children in South Africa receive speech and physiotherapy as well as specialist treatment and assessment.

Michael Lauppe, from the William Morris Camphill Community in Gloucestershire, fundraises in the UK for the Orion Organisation which is based in the town of Atlantis in the Western Cape.

Orion runs a day care centre for children with physical and mental disabilities, has group homes for 60 adults with disabilities, and a frail care centre for 10 sick, aged and frail people with disabilities. It was established in 1982 and inspired by

Camphill, with one of its founders being Renate Sleigh, daughter of Camphill founder Karl König.

The Camphill-Orion Fund pays for two therapists to work with the children in the day care centre each week. Currently some 20-30 children attend each day with transport bringing them from as far as 50 or 60 miles.

In addition to the therapies they provide, the therapists have identified children who would benefit from specialist treatment normally only available in Cape Town and arranged for specialists to visit the day centre.

Without the money raised by Camphill communities in the UK and the grant from the Camphill Foundation, the children, many of them with severe multiple disabilities, would not receive the therapies and treatments that make such a difference in their lives.

Sponsoring the art of eurythmy

CREATIVE and artistic aspects of life are important to those who have chosen to be part of our Camphill communities. The arts link with healing and therapies too, and many people enjoy eurythmy as a therapeutic artistic activity.

But while many enjoy participating in eurythmy, the opportunities to see a eurythmy performance occur infrequently, so every other year the Botton Eurythmy Ensemble



Members of the Botton Eurythmy Ensemble ready to set out on their 2007 tour.

tours the UK and Ireland.

The ensemble is made up of teachers and former pupils of the Camphill Eurythmy School at Botton Village. The school is supported by Camphill communities and the tour is partly a gesture of thanks and partly to show the results of the training provided.

In the 2007 tour, the ensemble – which consisted of six eurythmists, a pianist, a speech artist and a stage technician – gave 35 performances in 15 venues, including Camphill communities, Waldorf schools and public performances.

"We had fantastic responses," said Chas Bamford, one of the eurythmists. "Every venue was remarkable and the response was gratifying."

Each tour is made possible by a loan from the Camphill Foundation which is repaid by the income from the tour. The balance of income and costs is always delicate and for the 2007 tour the Foundation also provided a grant of £1,000 in recognition of the value of the performances in the cultural life of our Camphill communities.



Camphill films on DVD

WHAT DO the award-winning movies 'The Graduate' and '2001 A Space Odyssey' have in common with a film about the Camphill Rudolf Steiner Schools entitled 'In Need of Special Care'?

The Answer is they were all BAFTA winners in 1969 with the Camphill film picking up the Flaherty Documentary Award for film-maker Jonathan Stedall.

Now all the films made by Jonathan for the BBC documenting Camphill life from the 1960s to the 1990s are available on DVD. They were generously converted to DVD format as a gift to the Camphill Foundation by AGI Media.

Candle on the Hill, 1989, is a series of three films for Camphill's 50th anniversary; In Need of Special Care, 1967, is the title of films about Camphill Schools and Botton Village; In Defence of the Stork, 1973, is a remarkable film made with Dr Thomas Weihs; An Independent Life, 1983, portrays a young man moving to independent liv-



Mike Toms, chief executive of AGI Media (left) presents the DVDs to Jonathan Stedall.

ing with the support of Camphill Houses; The Daily Routine, 1989 and 1999, are promotional videos for Camphill Rudolf Steiner Schools.

● Order them from: Camphill Literature Service, Unit 3, 52 High Street, Stourbridge DY8 1DE. Candle on the Hill costs £18 and the others are available for a donation, with cheques payable to 'Camphill Literature Service'.



König archive in 21st century format

THE LEGACY of written material left by Camphill's founder Dr Karl König is now readily available to researchers and for publication thanks to a digital archiving project made possible by a grant from the Camphill Foundation.

As a result of the project, a continuing series of publications is planned so that material from the Karl König Archive will be available to the Camphill Movement and others worldwide.

The vast amount of material left by Dr König (pictured above, front right) as a legacy to the Camphill Movement has always been stored at Camphill House. It includes published and unpublished lectures, manuscripts, diaries and general papers, but it has been difficult to make the material available for research.

Working with the National Archives for Scotland, Camphill has used the grant

from the Foundation to record all the material on microfilm and in digital format. Specialist scanning equipment was used to ensure that the originals would not be harmed.

As a result of the project, a group which includes people from Camphill and elsewhere is now sharing the material electronically for translation and editing. With the archive now in electronic format, it can be shared anywhere in the world.

The group is working with the Ita Wegmann Institute, Switzerland, for the publication of medical

and curative education material. Papers from the archive, in electronic format, are also being worked on in Germany and the USA to make them available in multi-lingual formats.

As well as making archive material widely available without researchers having to access the original papers, which might be damaged, copying the archive onto microfilm and electronically also ensures its long term preservation. Copies are securely stored deep underground in Wales in a specialist archive store.

A small study area has been created at Camphill House, Aberdeen, the home of the Karl König Archive, to allow visiting researchers access to the electronic and microfilm archive.



Camphill public relations

CAMPBILL communities in the UK and Ireland are among the largest charitable organisations working in the field of learning disabilities and now their role is to be made more widely known thanks to new public relations initiatives.

In 2006, Camphill PR groups were formed for the four UK and Ireland regions to move forward with public relations in their areas. Discussions between the groups resulted in the formation of an Association of Camphill Communities PR Steering Group. Now, to help co-ordinate PR work and to act as a central contact point, a Camphill public relations office has been established in Stourbridge, West Midlands, and is being funded for the first year by the Camphill Foundation.

The PR office is being run by Vivian Griffiths, an experienced co-worker with the Camphill Houses community in Stourbridge, who is assisted by Emma Higgins. It will work with the PR Steering Group and the professional agencies appointed to work with the Association and the regions.

Camphill communities have long been centres of excellence in enriching the lives of people of all abilities. They are leaders in sustainability, creativity, the arts and complementary therapies. Innovative new Camphill projects are bringing new ways of living for those with special needs.

The public relations initiative will ensure that the work of Camphill communities is more widely recognised and the voices of those who

The England & Wales PR Group mark the opening of the Camphill Public Relations office with Vivian Griffiths (right).

choose to make Camphill their home are heard.

"There is a need for far greater awareness of Camphill, and the Save Camphill campaign demonstrated the value of good PR," says Camphill Foundation chairman Simon Beckett. "The Foundation's funding for the Camphill PR office's first year will get it up and running with the intention that it will then be funded by the Camphill communities throughout the UK and Ireland."

You can contact the Camphill PR office on 01384 375300 or email pr.office@camphill.net



Grant helps farm project move ahead

CORBENIC Camphill Community is developing a new farming project which is moving ahead thanks to a grant from the Camphill Foundation and the generosity of other donors.

Corbenic is based on 50 acres in beautiful countryside in Perthshire and the 55-strong community

includes 27 adults with learning disabilities. In recent years the community has been without a farmer and while the productive gardens grow produce for the community and for sale locally, the farm land supported just a couple of donkeys, two riding ponies and some goats.

Now a new farmer has joined Corbenic and the farm is being brought back to the heart of the community as a



workplace for residents and day attenders. Fences have been repaired, there are pigs and chickens, and cattle will graze to maintain wild flowers in the pastures.

An essential tool on any farm is a tractor, but Corbenic could not afford the £25,000 required from its day-to-day operational budget.

To help get fundraising started, the Camphill Foundation provided a grant of £5,000. That initial boost was the kick-start that the fundraising campaign needed. The community's parents group was particularly active, raising a lot of money to meet the required total. One of the donations they secured was for £1,500 from the local Hilton Dunkeld House hotel. The hotel has made Corbenic Community its nominated local

Remembering Camphill

THE Camphill Foundation is enormously grateful to those who remember Camphill in their will with a legacy to assist our communities. The Foundation works with all the Camphill communities in the UK and Ireland, so is the ideal place for those who wish to leave something to Camphill in general rather than to a particular community. However we also accept funds which you may wish to designate for the benefit of a single community or a particular group of beneficiaries such as the elderly or children.

Camphill communities can benefit many times over from a legacy or donation to the Camphill Foundation. A proportion of the funding we make available for projects is in the form of loans which, when paid back, is available to assist further Camphill initiatives.

For more information contact Simon Beckett, The Camphill Foundation, Newton Dee, Bieldside, Aberdeen AB15 9DX. Tel: 01224 868701.

charity and donated the money into the Corbenic Tractor Fund.

As a result of the Camphill Foundation's grant and the successful fund raising, a tractor (pictured above with members of the farm team) was bought in autumn 2006 and put straight to work on the farm. Implements are being acquired so that some of the land can be ploughed for potatoes and other crops.

As a land-based community, it means a lot to Corbenic to see their farm coming back into production. It is already being managed organically and being converted to biodynamic status.

The availability of training and work on the farm, in addition to the other workshops, allows those with disabilities to participate fully and make their contribution to the life of the community.

Donations, grants & loans

BY making a donation or bequest to the Camphill Foundation you can help us assist Camphill centres in the UK and Ireland with grants and loans for small and medium-sized capital projects, workplace developments, environmental projects, education, staff training, artistic and cultural programmes, raising public awareness, social research

and publishing. We also assist some projects overseas.

To ensure others in Camphill believe projects are worthy of support, applicants initially seek approval from their Camphill region before making an application to the Camphill Foundation.

Loans and grants from the Camphill Foundation are usually made to meet part of the costs of a project.

Designed and produced by Ideas in Print. Tel 01289 388409. © Copyright 2007

Use this form to make a donation by completing the appropriate areas and returning it to:
Simon Beckett, Chairman of Trustees, The Camphill Foundation, Newton Dee, Bieldside, Aberdeen AB15 9DX.

If you require further information, please write to us at the above address.

Help us to help more Camphill projects for people with special needs.

With a regular donation.

With a single donation.

With a legacy in your Will.

By telling a friend or relative about The Camphill Foundation.

To make a donation, complete your details

Name.....

Address.....

.....Postcode.....

then select the appropriate option below

I wish to make a single donation and enclose a cheque payable to The Camphill Foundation for £.....

I wish to make a regular donation and have completed the Bankers Order opposite.

I am including a legacy to The Camphill Foundation in my Will and enclose details.

Bankers Order Form

To the Manager,Bank,

Bank Address.....

.....

.....

Bank sort code.....

Account number

Please pay The Camphill Foundation,

a/c 0448109 at Lloyds TSB (30-10-01),

19 Union Terrace, Aberdeen AB10 1WH, the

sum of £..... monthly/quarterly/annually

starting on (date)

Signed.....Date.....

THE GIFT AID SCHEME allows us to reclaim tax on your donation provided you have paid an amount of UK income tax or capital gains tax at least equal to the tax the Camphill Foundation reclaims on your donation in the tax year. For every £1 you give, Gift Aid increases the value of your donation by 28p.

GIFT AID DECLARATION: I want the Camphill Foundation to treat this donation as a Gift Aid donation.

Signed..... Date.....